

Reflecting on our journey, crafting our future.



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MESSAGE FROM OUR CEO

Our 50th Anniversary presents the opportunity to proudly reflect on our long history. As you read this report, you will join us on a journey across the years. And, to keep the data relevant, you will see data and details specific to the last 5 years: 2019 - 2023.

The past few years have tested us in ways we could never have imagined. From navigating the challenges of the COVID-19 pandemic to facing the devastating reversal of Roe v. Wade, we have confronted some of our darkest days and deepest fears.

Yet, through it all, our focus has remained UNWAVERING. We adapted, we innovated, and we grew—emerging stronger and more resilient than ever before.

Today, Boulder Valley Health Center stands not only as a pillar of our local community but as a beacon of hope for those forced to travel great distances in search of safe, compassionate abortion care.

Our resolve to provide the most comprehensive and inclusive care possible has deepened and we are inspired to continually assess and expand our services and programming to better meet the needs of those we serve.

In addition to broadening our clinical offerings, we have expanded our educational initiatives, rebranded to reflect a more inclusive identity, and upgraded our online presence to include a modernized and updated website to ensure greater accessibility and efficiency for our patients.

Demand for care has increased and between 2021 and 2023, we saw a 215% increase in the number of Reproductive Health patients. This is in addition to the dramatic aftermath from the SCOTUS decision to overturn Roe vs. Wade. Our abortion numbers skyrocketed, and we have sustained a 200% increase in patients seeking abortion care at Boulder Valley Health Center ever since. Additionally, in 2023 alone, we reached over 3,737 students through inclusive and medically accurate sex education programs. We continue to empower countless young people through initiatives like Media & Porn Literacy and the REAL Youth Council.

For 50 years, Boulder Valley Health Center has been a steadfast presence in our community, dedicated to reproductive and sexual healthcare. As we look back, we are proud of the progress we have made and the lives we have touched. Looking ahead, we remain committed to facing new challenges with the same unwavering resolve and dedication.

Thank you for your ongoing support. Together, we will continue to fight for health, equity, and justice for all.

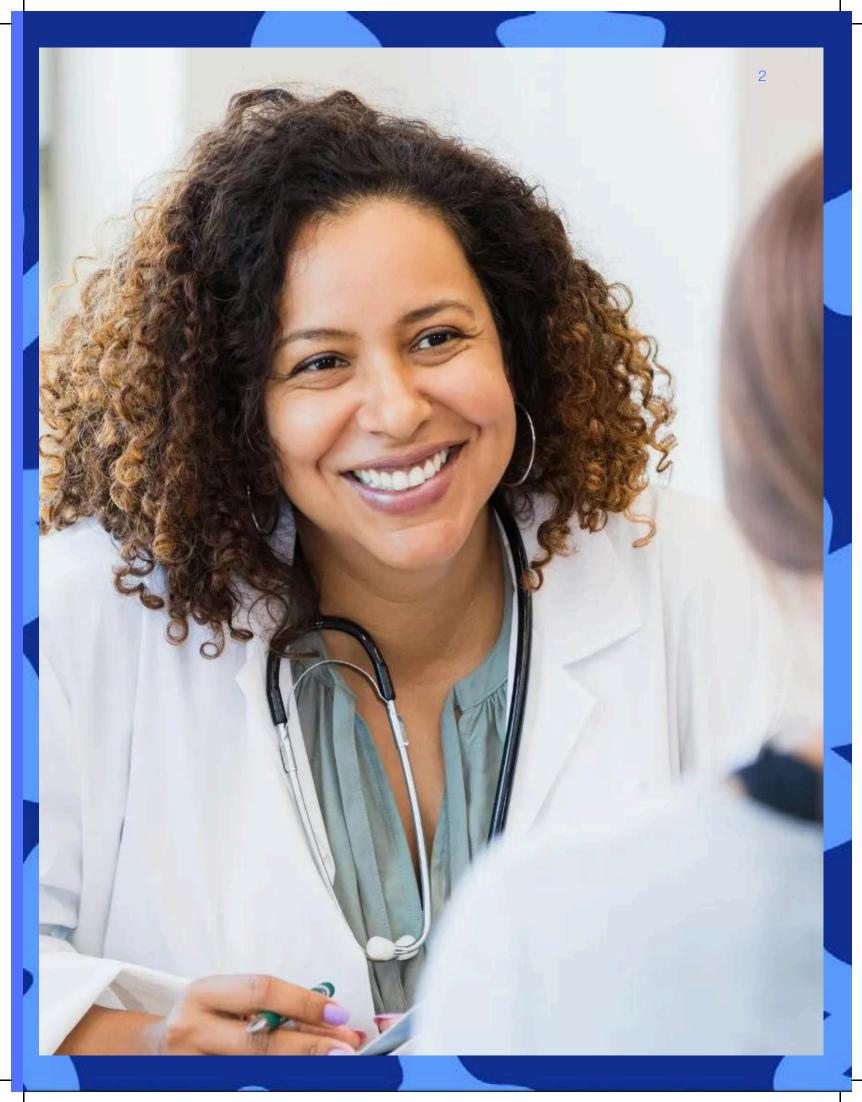
With gratitude,

Savita Y. Ginde MD MPH CEO and Chief Medical Officer Boulder Valley Health Center



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OUR MISSION & VISION

Our mission is to transform the landscape of sexual and reproductive health by delivering compassionate services that encompass the full spectrum of a person's needs. From physical health to mental and relational wellbeing, we are committed to breaking down barriers and ensuring every individual is empowered to make informed decisions about their body. Our Vision is an informed community of people empowered to make health-related choices that support vibrant, full lives.

IN-CLINIC

Our in-clinic mission is to deliver compassionate, high-quality health care that meets each person's unique needs. We strive to create a supportive and non-judgmental environment where every patient feels valued and receives the comprehensive care they deserve.

OUT-OF-CLINIC

Outside our clinic, we are devoted to empowering communities through education and advocacy. We aim to provide comprehensive, shame-free sexual health education that equips young people with the knowledge and confidence to make decisions that feel right for their bodies.

OUR JOURNEY

TOGETHER THROUGH IT ALL

For 50 years we have been committed to showing up and serving our community with compassion no matter the political climate.

OUR CLINIC

1973 CLINIC OPENS

Boulder Valley Clinic opens as the first abortion clinic in Colorado.





1980'S RESILIENCE ERA

As the anti-abortion movement grows in the US, we faced heightened vandalism, protests & harassment – standing strong against oppositional misinformation to continue providing essential reproductive health services.

1990's COMMUNITY OUTREACH

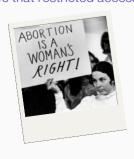
We began offering subsidized sexual health services and education to Boulder County teens and Spanish-speaking patients, marking the start of our dedicated community outreach efforts.



OUR COUNTRY

1973 ROE V. WADE

The landmark Supreme Court case established a woman's legal right to an abortion under the Fourteenth Amendment, striking down many state laws that restricted access to abortion.



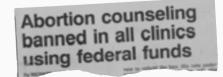


1977HYDE AMENDMENT

Barred the use of federal funds for abortions except in cases of rape, incest, or danger to the woman's life.

1988REAGAN'S GAG RULE

The HHS issued rule preventing family planning counselors from discussing abortion with low-income women in publicly funded clinics.





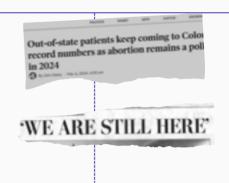
2000's YOUTH EMPOWERMENT

We expanded our youth preventive services, providing essential education on safer sex practices, as well as offering contraceptives at little or no cost – empowering a generation with knowledge and resources.

2010'sINCLUSIVITY EXPANSION

We broadened our services to include comprehensive support for the transgender community, enhancing our commitment to inclusivity and ensuring accessible, affirming care for all people.





2020-NOWSANCTUARY STATE

Extreme anti-abortion laws created a nationwide crisis resulting in an influx of out-of-state patients seeking our services. To demonstrate our ongoing commitment to serving all people, we also changed our name to be more inclusive.



1996

ABSTINENCE ONLY

Legislation passed introducing federally funded abstinence-only education, marking a significant shift away from comprehensive sex education and caused a surge in teen pregnancies and STIs.

2010 AFFORDABLE CARE ACT

The ACA significantly expanded access to reproductive health care by requiring most insurance plans to cover birth control and preventive services without cost-sharing, improving access for millions.





2022

ROE V. WADE OVERTURNED

This Supreme Court decision ended nearly fifty years of federally protected abortion rights, triggering widespread restrictions and a crisis in access to reproductive health care across the country.

STORIES OF US

Voices of BVHC

At the core of our work are the people that bring our mission to life. These are the passionate staff, founders, and volunteers who tirelessly support and empower our patients. Their commitment to fostering connections and providing compassionate care is the driving force behind everything we do.

Through these narratives, we celebrate the profound impact of our services. You'll read about the heartfelt journeys of our team members and the tender notes of gratitude from those we've served. These stories showcase the relationships and human connections that are the foundation of our work.



CHRISTIE BURKHART, Director of Operations (she/her)

Christie, the Director of Operations & Compliance at BVHC since 2022, is a beacon of warmth and passion. Her presence instantly puts patients at ease and inspires those around her.

From a young age, Christie was committed to advocating for women's rights and bodily autonomy. Her own abortion as a teenager deeply shaped her understanding of reproductive freedom, fueling her lifelong dedication to this cause.

Christie's career has been marked by her determination to make a difference, even co-founding a clinic in Wyoming to expand abortion care in underserved areas. However, after their clinic was tragically targeted by an

arson attack, Christie needed a new place to continue her vital work.

"The moment I walked into BVHC, I felt at home," Christie shares. "The passion and dedication of the staff and leadership here reinvigorated me. This place has allowed me to grow and serve at an even higher level."

One particularly memorable moment was with a young patient who felt guilty after her IUD failed. "Our conversation helped her realize that her decision was hers alone," Christie recalls. "Weeks later, she called to say I had saved her life that day. Moments like these remind me why our work is so important."



GRACE HARKINS, Education Programs Manager (she/her)

Grace is the heartbeat of BVHC's education programs, infusing them with her boundless enthusiasm and genuine care.

Her path to becoming a sex educator was shaped by her upbringing in Missouri, where she received contrasting messages about sex — fear-based abstinence in school and a more well rounded approach from her family. This early dichotomy sparked her passion for universal reproductive rights and sexual health.

While earning her Masters in Education Foundations, Policy, and Practice, Grace joined our team as a mentor in one of our youth programs. This experience deepened her commitment to sexual health education-

eventually leading to her to become our Education Programs Manager.

"Being part of BVHC means being part of a community that bravely addresses often sidelined topics, creating a space where everyone feels seen, heard, and celebrated."

Grace spends the majority of her time directly interacting with students – working tirelessly to destigmatize sexual health, combat shame, and empower young people. Students often express their gratitude. One recent student shared, "Thank you so much. That was the most gender-affirming hour we have ever spent in our school. We feel so seen and heard."



FOUNDING CIRCLE

A few times a year, a remarkable group of women, now in their late 60s to early 80s, gather for a potluck lunch. What unites them? They all worked at Boulder Valley Health Center in its first crucial years.

These women, bonded by a common cause, have been meeting regularly for decades. Many of them had personal experiences with abortion around the time of Roe v. Wade and were driven by the belief that women making such choices deserve to be deeply supported.

During their time at BVHC they faced many challenges, including violent threats from antiabortion groups and limited funds. But it was their camaraderie, sense of humor, and frequent social gatherings that kept them going. The support they had for each other allowed them to continue showing up and serving with unwavering dedication.

Many of these women continued their careers in the nonprofit sector, carrying forward the values and lessons they learned. Today, as they gather to reminisce, they celebrate not only their shared past but also the lasting impact of their work. They remain deeply connected to Boulder Valley Health Center, celebrating its enduring legacy and continuing to support its mission.

PATIENT

My name is Mill I am here today to make the best decision for me and my 8 year old Son. The timing the year old Son the timing this not good at this moment. Who ever is reading this, your doing the best you can at this time and keep your head up.

have the support to the beautiful women at this clinic thank you jon the opposituality to have thus control over my body and life. It will happen when the time is right twen if that is never at least its our choice

Q you always

With Love,

888

to have the entire staff during this time. I cannot thank you guys enough.

Bling from Texas my journey has been quite stressful but with you goys it reminds me that I still have hope. That other woman like me have hope as well.

THANK YOU X low



Thank you to everyone that his taken care Jof me at this chair. To everyone sitting in this chair you are not alone you've made a sacred decision even if it wines with pair and grief.

We are all one of

So much leve in this room.

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STORIES

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wasn't anything too
bad coming to colorado
exum Texas but in
these times knowing
people still cledicate
people still cledicate
their time to help t
help others be heavel
made this decision an
easy one, I Thank each
one everynight in
thought t prayer.
July are vict alone
answer

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We are much to be in a world where we are structured where we are an structured to make the property decistion for you life at this time and to not be judged or feel bad. Choice is a deason also we are all in this together. If

I feel so grateful right now.
Grateful to have had this option
available, something that should
be available to accessible to anyone in
thus situation.
Grateful for the amazing staff who
prouss, who made the feel loved.
Grateful for the words in this
supported, and safe.
Journal and the people who make
them we are not alone, and we
trengene has their own reason
are valid. You are loved. now
deserve it.

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From Texas We applicate yell

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UN IN GINEAT HANDS

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UNWAVERING Healthcare

As threats to abortion access loomed and challenges continued, providers at Boulder Valley Health Center remained unwavering. They continued to meet patients where they are, offering the vital services they need with compassion and dedication.

Our patients tend to be young, lower-income, and more racially and ethnically diverse than Boulder County as a whole. We aim to be accessible to those who typically face barriers to healthcare: the Latinx community, including immigrants and monolingual Spanish speakers, the LGBTQIA+ community, teens, and those who are uninsured, underinsured, or on Medicaid.

At Boulder Valley Health Center, our mission is to break down barriers to access and provide equitable, comprehensive care to everyone in our community. Our dedicated team is UNWAVERING in their commitment to ensuring that all patients receive the support and services they need, regardless of their background or circumstances.

101%

7

Increase in those needing financial assistance in 2023

2023 Health Services



4,114 patients



13,023 total services



5,877 STI tests + treatments



1,686 pap tests + breast exams



1,247 birth control services



503 abortions



Gender Affirming Care

BVHC has provided gender-affirming care for over 10 years. Our skilled and sensitive providers follow both national and international expert guidelines in prescribing sex steroid hormones and other medications to support our transgender and gender diverse patients. Whole person affirming healthcare is instrumental in helping patients achieve bodily autonomy and embodiment goals.

In 2023, as politically motivated attacks on this care continue across our country, BVHC has renewed its focus on outreach efforts promoting this hard-to-access, important care. Having access to gender affirming care helps to counteract the harmful roles and boxes humans are expected to live within. Affirming care helps people to achieve their fullest sense of self.

Ensuring that we are partnering with other organizations and being thorough in our outreach means that more people will be able to access our clinic for these life-saving services. Once services are established, maintenance care can be completed through telehealth visits, further ensuring ease of access for those who do not live in our local community.

200%

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On track increase of gender affirming patients in 2024

Women's Wellness Connection

BVHC is proud to facilitate this state-funded program that helps fund breast and cervical cancer screenings, as well as health navigation services, for those with limited or no health insurance. The program helps remove barriers, ensuring that preventive healthcare is not out of reach and thus can improve health outcomes. This year, we've had such success aligning patients with this program, that we exceeded our state-designated growth goals for patients funded by 41%.

This program demonstrates BVHC's success in rebuilding efforts post pandemic. In the past, recruitment for this program presented a significant challenge. At present, enrollment in the program continues to grow and exceed goals exponentially. Overall enrollment has increased in this fiscal year by 77% as compared to the prior year.



Abortion

Our clinic opened its doors in 1973 as the first abortion clinic in the state of Colorado. For over fifty years, we have stood as a beacon of hope and a bastion of reproductive rights. However, the overturning of Roe v. Wade in June 2022 marked one of the darkest days in our history.

The decision activated trigger laws in surrounding areas, leading to a 300% increase in patients seeking abortion care at our clinic. The stories we heard broke our hearts—patients traveling hundreds of miles, facing overwhelming barriers, and enduring the emotional and financial toll of restricted access. It was a reality we had feared, prepared for, but still found devastating.

In response, we mobilized quickly. We expanded our clinic hours and added additional time devoted to abortion care, ensuring that our patients could receive the care they needed without delay. Our commitment to high-quality, compassionate care means that patients can typically get an appointment within a week, without jumping through hoops.

Recognizing the financial burden many of our patients face, we offer funding to ensure that those who cannot afford care only incur minimal or no costs for our services. Our mission is to ensure that financial barriers do not prevent anyone from accessing essential healthcare.

The reversal of Roe v. Wade has forced many to seek care far from home, navigating the added stress and expense of travel. We have extended our support to these individuals, providing not only medical care but also a safe space and assistance with logistics.

Despite the challenges, our resolve remains strong. We continue to stand by every person who walks through our doors, providing comprehensive, compassionate care in a safe and welcoming environment.

300%

7

Increase in abortion care in 2023

200%

7

Increase in out-of-state patients in 2023



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UNWAVERING Education

Each year, our community educators reach over 3,500 middle and high school students with engaging, inclusive, and comprehensive sexual health education. We provide these lessons at no cost, which allows us to serve a wide range of partners across Boulder Valley.

We support health teachers and school counselors in facilitating their sexual health education lessons as well as offering students a space to welcome curiosities on sex and bodies and to embrace the uniqueness and love for all human bodies and relationships. We also offer community and healthcare resources so young people can continue to access affirming information and services after our lessons.

We always ask students what they've learned, and these are some things we hear:

- "Birth control can help with acne and heavy periods"
- "BVHC has free contraception and STI testing for teenagers!
- "STIs are curable or treatable"

This year, we launched REAL (Reproductive Justice, Education, Advocacy and Leadership formerly known as SHAPE). This group of young people are trained to become peer-to-peer educators and leaders for reproductive justice in our community and beyond.

2023 Education Numbers



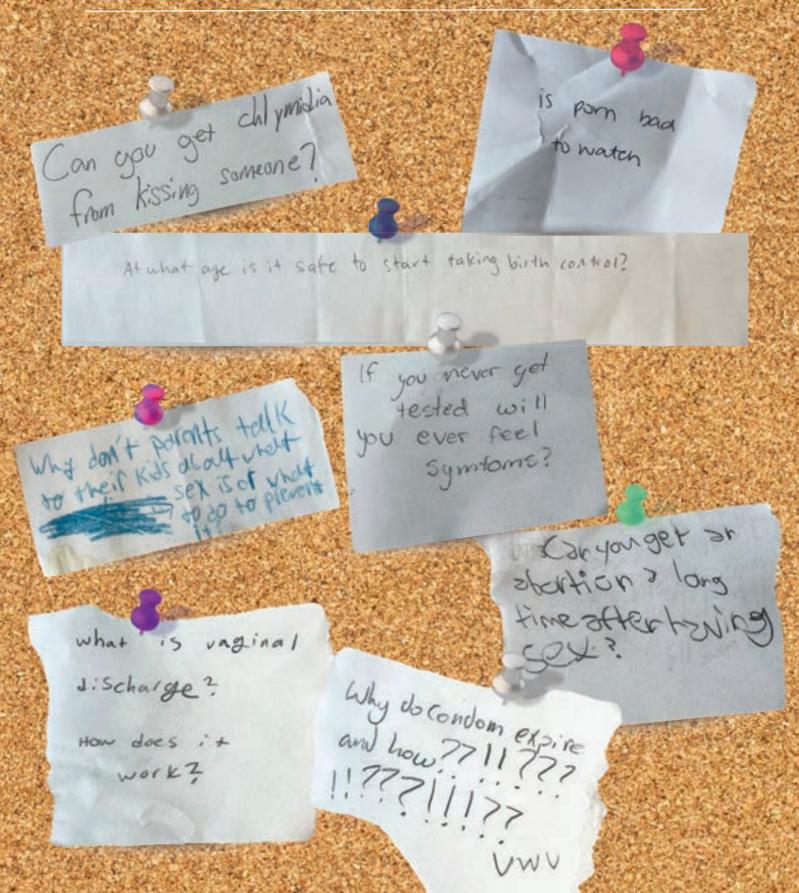




8,810 people at community events



STUDENT QUESTIONS



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5 year financial Snapshot

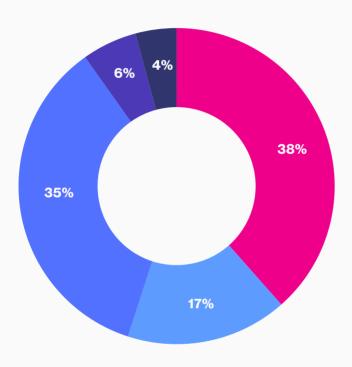
FYE	2019	2020	2021	2022	2023*
Assets Total	\$ 1,962,521	2,283,277	2,328,930	2,767,002	2,818,221
Current Assets	\$ 984,115	1,346,611	1,388,435	1,860,773	2,103,488
Property, Equipment, Non-current	\$ 978,406	936,666	940,495	906,229	714,733
Liabilities Total	\$ 139,056	107,796	120,109	131,436	183,142
Net Assets Total	\$ 1,823,465	2,175,481	2,208,821	2,635,566	2,635,079
Liabilities + Net Assets Total	\$ 1,962,521	2,283,277	2,328,930	2,767,002	2,818,221
Revenue Total	\$ 2,594,204	2,464,357	2,331,076	2,968,964	3,195,424
Government Contracts	\$ 998,163	919,721	927,135	1,102,042	944,824
Grants, Contributions	\$ 428,317	622,318	547,415	1,051,558	1,174,171
RH, GAC Program Revenue	\$ 912,932	18,074	724,298	587,966	737,626
AB Program Revenue	\$ 145,883	788,464	126,761	189,473	235,851
Fundraising Events, In-kind	\$ 108,909	115,780	5,467	37,925	102,912
Expenses Total	\$ 2,692,698	2,448,070	2,312,358	2,492,854	3,254,774
RH, GAC Programs	\$ 2,079,771	1,838,380	1,688,329	1,692,128	1,936,997
AB Programs	\$ 280,583	254,832	264,173	415,638	663,544
Management, Fundraising,	\$ 332,344	354,858	359,856	385,088	654,233
General					
Change In Net Assets	\$ (73,837)	352,016	33,340	426,745	4,788
Other Revenue (expenses)	\$ 24,657	335,729	14,622	(49,365)	64,138
Excess (Deficit) of Revenue Over Expenses	\$ (98,494)	16, 287	18,718	476,110	(59,350)

^{*}Unaudited

Combined Revenue & Expense By Percentage

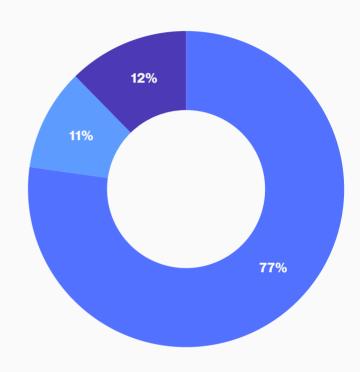






Expenses

by percentage



- Government Contracts
- Reproductive Heath + Gender Affirming Care Program Revenue
- Grants + Contributions
- Abortion Program Revenue
- Fundraising + In-kind

- Reproductive Heath + Gender Affirming Care
- Abortion Program
- Management, Fundraising, General

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LOOKING FORWARD

As we look toward the future, we are filled with optimism and determination. The next 50 years at Boulder Valley Health Center hold the promise of continued growth, innovation, and an unwavering commitment to our mission. Our dedication remains steadfast as we strive to expand our services and our reach, ensuring that every individual in our community and beyond receives the comprehensive, compassionate care they deserve.

In the coming year, our focus will be on strategically expanding to meet the evolving needs of Boulder County and the surrounding areas. We are reimagining how we deliver care, with a vision to provide holistic services that address physical and mental health and well-being. This includes not only enhancing our in-clinic offerings but also broadening our educational programs and deepening our community outreach efforts.

Our recent rebranding to a more inclusive name has already had positive results. We have seen a noticeable increase in patients from diverse backgrounds who now feel unquestionably welcomed and supported within our walls. We are committed to building on this momentum,

cultivating an environment of inclusivity, belonging, and respect for every individual, regardless of how they identify.

We are also prioritizing the expansion of our educational initiatives. Programs like Media & Porn Literacy and the REAL Youth Council have already made significant impacts, and we are excited to see how these, and other initiatives, will continue to grow. By empowering young people with knowledge and leadership skills, we are laying the foundation for a future where sexual and reproductive health is understood and prioritized as an essential part of overall well-being.

Looking ahead, we remain resolute in our commitment to breaking down barriers to access and continuing our efforts to ensure that all individuals who come to Boulder Valley Health Center feel confident about their health. The challenges we have faced have only strengthened our resolve to fight for equity and ensure that everyone can make informed decisions about their health and body.

Together, we are shaping a future where care is accessible, inclusive, and empowering for all. Thank you for standing with us on this journey.



WE'D LIKE TO THANK ALL OUR DONORS FOR THEIR GENEROUS SUPPORT

Thank you for standing with us through every challenge and triumph. Your unwavering support has been the cornerstone of our success. Because of your commitment, we can continue to offer comprehensive and compassionate care while fiercely advocating for reproductive justice. Together, we are not just envisioning a brighter future—we are building it, ensuring that everyone has the access to the care they need and deserve. We are deeply grateful for your partnership, and we look forward to continuing this vital work with you by our side. Thank you for making a profound difference.







WAYS TO GIVE

For more information, please contact Becky Kyles, Donor and Community Relations Director, at bkyles@bvwhc.org.

- **Gala Sponsorship:** Support our signature event with a sponsorship.
- Live or Online Auction Donations: Contribute items to our auction.
- Host a Fundraising Event: Gather your community to raise funds.
- Become a Monthly Donor: Provide ongoing support with a monthly gift.
- **Donate Appreciated Stock:** Make a taxsmart contribution.
- Retirement Plan Beneficiary Designation: Include us in your plans.
- Required Minimum Distributions: Meet your RMD requirements while supporting our mission.
- Estate Planning Gifts: Consider a legacy gift to advance reproductive freedom.

HOW TO GET INVOLVED

- Volunteer: reach out to Jess at volunteer@bvwhc.org.
- **Join the REAL Team:** reach out to Grace at education@bvwhc.org.
- Share your personal story and why you're passionate about reproductive rights.
 Reach out to Becky at bkyles@bvwhc.org.
- Start Conversations: Discuss abortion access with friends and family.
- Join the conversation on social media: <u>Facebook</u>, <u>X</u>, <u>Instagram</u> @BVHCenter

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50TH ANNIVERSARY IMPACT REPORT

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