



Hello BVHC Family!

Note from Our CEO, Savita:

Boulder Valley Health Center is proud to stand as a sanctuary of hope, compassion, and care during these uncertain times, when so much feels unsafe and out of our control. Here, people are welcomed as their authentic selves, with their full humanity and dignity embraced.

Our vision is bold and far-reaching: an informed and empowered community where everyone can make health-related choices that support vibrant, fulfilling lives. To bring this vision closer to reality, we are embarking on an exciting, transformative journey. We are expanding our space to better serve our community by purchasing and renovating the property at 2889 Valmont Street - right next door to our current clinic.

But this is more than an expansion. It is a powerful statement that Boulder Valley Health Center is here to stay, despite the politics and protestors. Our expanded campus will ensure safe, accessible, and compassionate care for generations to come. It will offer not only a wellness space for our patients, but also much needed wellness spaces for our dedicated staff, along with new resources for parent and youth education, menopause, gender affirming hormone therapy group visits, and more. These group services foster connection, helping people feel less alone in what can sometimes be isolating experiences.

This expansion is an investment in the future of our clinic, our staff and the people we serve. It is a bold step toward resilience - creating a safe, secure and welcoming environment for everyone who comes through our doors. And it is only possible with the support of our incredible community - people like you. Thank you for supporting BVHC!

Your Donation Matters

This fall, we are asking you to join BVHC's momentous step forward as we purchase, expand, and renovate. Your generosity has always been the foundation of our work, and now, we need you more than ever. By making a donation today, you're not just supporting a project, you're standing up for choice, care, and community.

These are challenging times. The need for care is greater than ever, and many individuals who come to us also need financial support. We do this work not because it is easy, but because it is necessary - because we know it has the power to transform lives.

Now is the time to act, to make a difference. We could not do this without you, and together, we will build a future where everyone has access to the care they deserve.

Around the Clinic

Annual Gala -Thank you for coming! Gender Affirming Hormone Therapy - 16 & 17 Years Old



Thank you for joining us at this year's fundraising gala and for supporting our mission to provide essential abortion care and reproductive health services. Your presence and generosity mean the world to us.

Because of you, we are one step closer to ensuring that everyone in our community has access to the care they need, no matter their circumstances. Your support empowers us to continue expanding our services and protecting the right to choice and healthcare for all.

We are deeply grateful for your commitment and partnership. Together, we are making a real difference in the lives of so many.



We are now offering genderaffirming hormonal therapy for 16 and 17-year-olds! With a parent's consent and presence at the first appointment, we provide safe, supportive, and timely care tailored to your needs. Our compassionate team is dedicated to helping you affirm your true self.

Gender-affirming care is designed to support and affirm an individual's gender identity. This can include use of your chosen name and pronouns, support on ways to change social expression, and hormonal therapy. Medications (estrogen or testosterone) allow for the development of sex characteristics that more closely align with a person's gender identity.

5-Year Annual Report



Our 51st Anniversary presents the opportunity to proudly reflect on our long history. As you read this report, you will join us on a journey across the years. And, to keep the data relevant, you will see data and details specific to the last 5 years: 2019-2023.

For 51 years, BVHC has been a steadfast presence in our community, dedicated to reproductive and sexual healthcare. As we look back, we are proud of the progress we have made and the lives we have touched. Looking ahead, we remain committed to facing new challenges with the same unwavering resolve and dedication. Thank you for your on-going support. Together, we will continue to fight for health, equity, and justice for all. <u>See the full report here.</u>



In the News

<u>Judge strikes down Georgia ban on abortions, allowing</u> them to resume beyond 6 weeks into pregnancy

Breast Cancer Awareness Month - Breast Self Exam

Events

November

Election Day



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